

**CLASS SPECIFICATION**  
**County of Fairfax, Virginia**

**CLASS CODE:** 3142    **TITLE:** NUTRITIONIST ASSISTANT    **GRADE:** S-14

**DEFINITION:**

Under general supervision, provides technical assistance and clerical support to nutritionists; and performs related work as required.

**DISTINGUISHING CHARACTERISTICS OF THE CLASS:**

This is a paraprofessional level class is distinguished from the Public Health Nutritionist class in that Public Health Nutritionists provide direct, professional nutritionist services to clients whereas this class performs paraprofessional duties providing support to and facilitating the work of the professional level nutritionists.

**ILLUSTRATIVE DUTIES:**

Interviews clients to obtain dietary histories and related nutritional information;  
Obtains clinical data from clients such as height and weight;  
Conducts clinical tests (hematocrit - "finger stick") for iron deficiency anemia;  
Determines eligibility for the supplemental food program, Women, Infants and Children (WIC);  
Certifies low risk clients for the WIC program using basic program criteria;  
Explains the list of program approved foods to clients;  
Assists nutritionists in providing nutritional education to clients;  
Follows up with clients regarding missed appointments.

**REQUIRED KNOWLEDGE, SKILLS, AND ABILITIES:**

Some knowledge of basic nutrition;  
Ability to interview clients to elicit information;  
Ability to read, write, and calculate routine nutritional data;  
Ability to establish and maintain effective working relationships with clients and staff.

**EMPLOYMENT STANDARDS:**

Any combination of education, experience, and training equivalent to:  
High school graduation or a G.E.D. issued by a state department of education; PLUS  
Completion of two basic nutrition courses; PLUS  
One year of work experience involving public contact.

**CERTIFICATES AND LICENSES REQUIRED:**

Not applicable.

REVISED:                      April 4, 2003  
ESTABLISHED:                March 11, 1996